

CPET Journal

Name:

Email:

Seminar title:

Date of seminar:

Date journal entry was completed:

Journaling is an important step in synthesizing academic and personal growth. The following four questions, based on David Kolb's model of experiential learning, provide a framework to discuss learning content.

If you find that these questions don't apply meaningfully to the workshop you attended, please write your own journal response that addresses your experience.

SECTION 1: CONCRETE EXPERIENCE

How have your own personal experiences as a student or instructor related to the topic covered in this workshop? If you don't think your experiences have related to this topic, why not?

SECTION 2: CONCEPTS

What were the key concepts in this seminar? What were some of the theories of the speaker and the key concepts used? How do these compare to other theories or paradigms you have encountered?

SECTION 3: REFLECTION/OBSERVATION

What insights have you gained from this workshop? What are your thoughts about the material presented? What advantages and/or drawbacks do you see to the material?

SECTION 4: FUTURE APPLICATION

This section explores ways you can implement the seminar material in the future. How can you apply this? Describe how the material might best be adapted for use in your field.